



## Recommended Maximum Torque Values

The information supplied here is intended to be an acceptable guide for normal conditions. For critical applications, further information and research will be necessary. The following basic assumptions have been made:

- Bolts are new, standard finish, uncoated and not lubricated (other than the normal protective oil film).
- The load will be 90% of the bolt yield strength.
- The coefficient of friction is 0.14.
- The final tightening sequence is achieved smoothly and slowly.

If lubrication is to be applied to the nut/bolt, multiply the recommended torque by the appropriate factor shown in the table on page 7. Alternatively, use the Torque/Tension Calculator on the Norbar website which enables fastener and friction conditions to be modified with ease.

	Bolt Grade									 mm
	3.6	4.6	5.6	5.8	6.8	8.8	9.8	10.9	12.9	
	Torque in N.m									
M 1.6	0.05	0.07	0.09	0.11	0.14	0.18	0.21	0.26	0.31	3.2
M 2	0.11	0.14	0.18	0.24	0.28	0.38	0.42	0.53	0.63	4
M 2.5	0.22	0.29	0.36	0.48	0.58	0.78	0.87	1.09	1.31	5
M 3	0.38	0.51	0.63	0.84	1.01	1.35	1.52	1.9	2.27	5.5
M 4	0.71	0.95	1.19	1.59	1.91	2.54	2.86	3.57	4.29	7
M 5	1.71	2.28	2.85	3.8	4.56	6.09	6.85	8.56	10.3	8
M 6	2.94	3.92	4.91	6.54	7.85	10.5	11.8	14.7	17.7	10
M 8	7.11	9.48	11.9	15.8	19	25.3	28.4	35.5	42.7	13
M 10	14.3	19.1	23.8	31.8	38.1	50.8	57.2	71.5	85.8	17
M 12	24.4	32.6	40.7	54.3	65.1	86.9	97.7	122	147	19
M 14	39	52	65	86.6	104	139	156	195	234	22
M 16	59.9	79.9	99.8	133	160	213	240	299	359	24
M 18	82.5	110	138	183	220	293	330	413	495	27
M 20	117	156	195	260	312	416	468	585	702	30
M 22	158	211	264	352	422	563	634	792	950	32
M 24	202	270	337	449	539	719	809	1011	1213	36
M 27	298	398	497	663	795	1060	1193	1491	1789	41
M 30	405	540	675	900	1080	1440	1620	2025	2430	46
M 33	550	734	917	1223	1467	1956	2201	2751	3301	50
M 36	708	944	1180	1573	1888	2517	2832	3540	4248	55
M 39	919	1226	1532	2043	2452	3269	3678	4597	5517	60
M 42	1139	1518	1898	2530	3036	4049	4555	5693	6832	65
M 45	1425	1900	2375	3167	3800	5067	5701	7126	8551	70
M 48	1716	2288	2860	3813	4576	6101	6864	8580	10296	75
M 52	2210	2947	3684	4912	5895	7859	8842	11052	13263	80
M 56	2737	3650	4562	6083	7300	9733	10950	13687	16425	85
M 60	3404	4538	5673	7564	9076	12102	13614	17018	20422	90
M 64	4100	5466	6833	9110	10932	14576	16398	20498	24597	95
M 68	4963	6617	8271	11029	13234	17646	19851	24814	29777	100